

2023 GAT Relay Run Split Times

RACE	BIB	FIRST NAME	LAST NAME	GENDER	AGE	CITY	STATE	TEAM NAME	TEAM ID	LEG	RUN SPLIT
Relay Team		Koby	Sperandeo	M	19	Folsom	CA	River View Financial	Team 99	Run	0:31:52
Relay Team		Brandon	Moreno	M	18	Sacramento	CA	Sun Devils	Team 123	Run	0:34:26
Relay Team		Ryan	Suchomel	M	20	Penryn	CA	idealtrucks.net	Team 127	Run	0:36:06
Relay Team		Kellen	Robertson	M	31	Pleasant Hill	CA	Robo Racers	Team 23	Run	0:36:14
Relay Team		Lauren	LaRocco	F	27	Sacramento	CA	Team Trane 1	Team 101	Run	0:36:22
Relay Team		darren	morgan	M	54	Fair Oaks	CA	Tenthorey A, Morgan D, Weed J	Team 143	Run	0:37:42
Relay Team		Beverley	Anderson-Abbs	F	59	Sacramento	CA	Sacfit1	Team 47	Run	0:39:20
Relay Team		Nathaniel	Challis	M	25	Orangevale	CA	Waddle, Straddle and Paddle	Team 117	Run	0:40:31
Relay Team		Peter	Ferrari	M	32	Fair Oaks	CA	2 Sedans and a Ferrari	Team 92	Run	0:40:33
Relay Team		Megan	Seaman	F	30	West Sacramento	CA	HAMMSS	Team 136	Run	0:40:59
Relay Team		Michael	Rosati	M	39	Burlingame	CA	Beach Bod	Team 61	Run	0:42:23
Relay Team		Pablo	Delaguila	M	35	Sacramento	CA	The Jimmy Jab Champs	Team 63	Run	0:42:38
Relay Team		Joey	Hollister	M	46	Folsom	CA	Three Amigos	Team 124	Run	0:42:42
Relay Team		Casey	Gregory	M	46	Lodi	CA	Lodi Veterinary Hospital	Team 28	Run	0:42:46
Relay Team		Allison	Orofino	F	62	Cameron Park	CA	Bad A\$\$ Women	Team 4	Run	0:42:50
Relay Team		Gerhard	Fischer	M	71	Sacramento	CA	old guys	Team 17	Run	0:43:12
Relay Team		Genevieve	Clavier	F	59	Rancho Cordova	CA	The usual suspects	Team 2	Run	0:43:56
Relay Team		Corinne	Rhodes	F	28	Granite Bay	CA	RockinRhodes	Team 121	Run	0:44:14
Relay Team		Nicholas	Schiller	M	40	West Sacramento	CA	No Mercy	Team 106	Run	0:44:23
Relay Team		Dan	DiMeo	M	37	Chico	CA	InterWest Big Blue	Team 25	Run	0:44:24
Relay Team		Jack	Carney	M	27	Sacramento	CA	Dam GEI Engineers	Team 84	Run	0:45:14
Relay Team		Ronnie	Sylvia	M	38	Sacramento	CA	Pace#1	Team 118	Run	0:45:22
Relay Team		David	Lee	M	57	Portsmouth	RI	Beard Way Boys	Team 105	Run	0:45:57
Relay Team		Seth	Bozarth	M	43	South Lake Tahoe	CA	Not Fast Nor Furious	Team 36	Run	0:46:00
Relay Team		jason	sandvick	M	38	Carmichael	CA	The Old Man and the Bean	Team 59	Run	0:46:18

Relay Team		Alex	Cauvy	M	32	Sacramento	CA	2 Bros and a Ho	Team 139	Run	0:46:58
Relay Team		Mike	Sipes	M	57	Folsom	CA	Triagain	Team 51	Run	0:47:14
Relay Team		Melanie	Cleland	F	52	Fair Oaks	CA	Unusual Suspects	Team 141	Run	0:47:33
Relay Team		Alex	Weimer	M	26	Fair Oaks	CA	Rednecks	Team 138	Run	0:47:55
Relay Team		Ben	Mundy	M	62	Sacramento	CA	Club 198	Team 132	Run	0:48:17
Relay Team		Bryan	Thoreson	M	63	Davis	CA	GEI Used to be Faster	Team 60	Run	0:48:23
Relay Team		Anthony	Kim	M	30	Roseville	CA	JAM!	Team 87	Run	0:48:31
Relay Team		Jered	Sneesby	M	49	Sacramento	CA	Solar Rocks	Team 120	Run	0:48:35
Relay Team		Brian	Murphy	M	57	Davis	CA	The Vets of Eppie's	Team 30	Run	0:48:50
Relay Team		Carla	Landrum	F	41	Rancho Cordova	CA	Team Awesome	Team 44	Run	0:49:22
Relay Team		Michael	Gnip	M	35	Sacramento	CA	Mediocre Boys	Team 109	Run	0:49:32
Relay Team		Lisseth	Diaz	F	52	Folsom	CA	Power Rangers	Team 15	Run	0:49:59
Relay Team		Connie	Smith	F	40	Sacramento	CA	In It 2 Win It	Team 56	Run	0:50:00
Relay Team		Kim	Shepherd	F	30	El Dorado Hills	CA	Team DCK	Team 114	Run	0:50:15
Relay Team		Wayne	Hoang	M	38	Elk Grove	CA	Hoang Boys	Team 12	Run	0:50:50
Relay Team		Chris	Brewer	M	33	Citrus Heights	CA	PR Racers	Team 134	Run	0:51:06
Relay Team		Ron	Souza	M	69	citrus Heights	CA	Old Guys Rule	Team 119	Run	0:51:07
Relay Team		Kendra	Cook	F	19	Verdi	NV	Cook Eaze	Team 14	Run	0:51:37
Relay Team		Gadiel	Ahumada	M	22	Sacramento	CA	Road Runners	Team 27	Run	0:51:45
Relay Team		Garrett	Mcghehey	M	36	El Dorado Hills	CA	2Dads1Race	Team 107	Run	0:51:54
Relay Team		Ben	Cordy	M	32	Roseville	CA	I'm Not Sure I Want To Do This	Team 86	Run	0:52:06
Relay Team		Josh	Pruitt	M	34	Sacramento	CA	PACE Fitness River Ragers	Team 122	Run	0:52:14
Relay Team		Stephen	White	M	55	Roseville	CA	SacDOT Road Warriors	Team 19	Run	0:52:35
Relay Team		Kiara	Movido	F	26	Sacramento	CA	SacDOT Ron's Swans	Team 22	Run	0:52:43
Relay Team		Fernando	Flores	M	39	Sacramento	CA	GEI Turbo Trio	Team 78	Run	0:53:05
Relay Team		Eric	Frizzell	M	40	Rocklin	CA	Frizzy-Cuns	Team 67	Run	0:53:23
Relay Team		Barry	Smith	M	68	Foster City	CA	Hormone Deranged	Team 62	Run	0:53:44
Relay Team		James	Noonan	M	35	Sacramento	CA	Squatch What Happens	Team 79	Run	0:53:49

Relay Team		Daniel	Dillion	M	40	Vacaville	CA	family fun	Team 43	Run	0:54:06
Relay Team		Ralph	Venturino	M	60	Orangevale	CA	Quo Vadis Redux	Team 137	Run	0:54:12
Relay Team		David	Becker	M	60	Sacramento	CA	81 Matadors	Team 133	Run	0:55:04
Relay Team		Bill	Scharf	M	69	Hemet	CA	Los Tres Hermanos	Team 5	Run	0:55:06
Relay Team		Shane	Burton	M	29	Mountain View	CA	Formula 4	Team 6	Run	0:55:25
Relay Team		Ryan	White	M	45	Roseville	CA	Quads of Fury	Team 102	Run	0:55:34
Relay Team		Katie	Ryder	F	37	Orangevale	CA	The Great KMT 2023	Team 20	Run	0:55:39
Relay Team		Jerilyn	Fisher	F	47	Citrus Heights	CA	Team Webster	Team 9	Run	0:57:42
Relay Team		Paul	Parenti	M	52	Rocklin	CA	Dey Go	Team 83	Run	0:58:02
Relay Team		Kristen	Driskell	F	39	Sacramento	CA	ODD Squad	Team 70	Run	0:58:27
Relay Team		Miranda	Peters	F	40	Oakland	CA	Lum hell or high water!	Team 55	Run	0:58:52
Relay Team		Rupa	Sigi	F	35	Rancho Cordova	CA	Civil GEI	Team 129	Run	0:58:56
Relay Team		Lorrie	Lorell	F	52	Antelope	CA	Team Bad Threads	Team 49	Run	0:59:29
Relay Team		Kimberly	Keck	F	39	RICHMOND	CA	Kecks	Team 110	Run	0:59:58
Relay Team		Samuel	Cheeley	M	22	El Dorado Hills	CA	V3 Electric	Team 95	Run	1:00:08
Relay Team		Chris	Hirschmann	M	39	Sacramento	CA	Mead & Hunt Tri-Hards	Team 73	Run	1:00:09
Relay Team		Marcia	Sours	F	35	Sacramento	CA	TMG	Team 80	Run	1:00:24
Relay Team		Molly	Thomas	F	33	Sacramento	CA	Molly and the Twitters	Team 126	Run	1:00:32
Relay Team		Azad	Heidari	M	34	RANCHO CORDOVA	CA	GEI Riverflow Revolutionaries	Team 69	Run	1:00:35
Relay Team		Michael	McKowen-Black	M	37	Mather	CA	R.E.Y. Engineers 1	Team 38	Run	1:01:43
Relay Team		Spencer	Hodson	M	31	El Dorado Hills	CA	Off in Church	Team 96	Run	1:02:00
Relay Team		Kristi	Talbert	F	51	Rancho Cordova	CA	Tri and Catch Us	Team 58	Run	1:02:00
Relay Team		Carlos	Gallardo	M	31	Sacramento	CA	Slowbros	Team 18	Run	1:02:14
Relay Team		Terry	Snook	M	64	Elk Grove	CA	The Aces	Team 16	Run	1:02:25
Relay Team		Jance	Hurlbut	F	64	Seaside	OR	Cousins Rock	Team 91	Run	1:03:03
Relay Team		Finley	Stitt	F	25	Sacramento	CA	Corky's kids	Team 125	Run	1:03:10
Relay Team		Tera	Arenchild	F	24	Santa Barbara	CA	The Arenchildren	Team 72	Run	1:03:52
Relay Team		Jennifer	Arenchild	F	32	El Dorado Hills	CA	Team Fifi	Team 68	Run	1:03:53

Relay Team		Phyllis	Hayes	F	65	Fair Oaks	CA	Carli's Competition	Team 52	Run	1:03:57
Relay Team		Art	Torres	M	62	Fair Oaks	CA	Monster J.A.M.	Team 29	Run	1:04:31
Relay Team		Alexandra	Pille	F	39	Rancho Cordova	CA	Slack Attack	Team 42	Run	1:04:34
Relay Team		Richard	Walline	M	70	Sacramento	CA	Los Geezeros Magnifico	Team 7	Run	1:05:23
Relay Team		Ema	Persson	F	30	Folsom	CA	E=MC	Team 113	Run	1:05:56
Relay Team		Briano	Mendes	M	31	Sacramento	CA	The Brazilians	Team 135	Run	1:06:03
Relay Team		Brianna	Evans	M	40	Roseville	CA	TriHarderNextTime	Team 142	Run	1:06:09
Relay Team		Jim	Newton	M	46	West Sacramento	CA	Greater Delta Athletic Club	Team 31	Run	1:06:14
Relay Team		Sierra	Mallo	F	28	Folsom	CA	Frisky Foxes	Team 53	Run	1:08:17
Relay Team		Vania	Suen	F	34	Davis	CA	Team VAC	Team 21	Run	1:08:21
Relay Team		Lisa	Shanahan	F	42	El Dorado Hills	CA	Splash Flash and Dash	Team 100	Run	1:08:25
Relay Team		Keyu	Huang	F	29	Millbrae	CA	Stronger	Team 48	Run	1:11:43
Relay Team		Yen	Joyce	F	45	Rancho Cordova	CA	RC Trifecta Affect	Team 40	Run	1:13:10
Relay Team		Anthony	Roa	M	30	Citrus Heights	CA	Pace fitness don't quit	Team 131	Run	1:14:43
Relay Team		Steven	Khong	M	41	Roseville	CA	Business System Avengers	Team 90	Run	1:14:55
Relay Team		Mark	Kwoka	M	69	Roseville	CA	The Turtles	Team 64	Run	1:15:24
Relay Team		Larry	Rucker	M	56	Pollock Pines	CA	Worth a Tri	Team 97	Run	1:15:26
Relay Team		Summer	Pardo	F	45	Placerville	CA	GEI Environmental Team	Team 65	Run	1:16:20
Relay Team		Stephanie	Smith	F	38	Sacramento	CA	Tobler and the Others	Team 76	Run	1:16:32
Relay Team		Jacob	Austin	M	31	El Dorado Hills	CA	V3ry Indifferent	Team 94	Run	1:17:07
Relay Team		Katlin	Fleck	F	27	El Dorado Hills	CA	Amped Athletes	Team 93	Run	1:17:08
Relay Team		Sara	Foster	F	44	Roseville	CA	InterWest Mind Over Miles	Team 26	Run	1:18:09
Relay Team		Shadeah	Long	F	34	Fair Oaks	CA	Dancing Dolphins	Team 37	Run	1:18:19
Relay Team		Amanda	MacDowell	F	33	Sacramento	CA	I'm finishhhinnnnnnngggggg	Team 115	Run	1:19:34
Relay Team		Erica	White	F	46	Orangevale	CA	Powerpuff Girls	Team 39	Run	1:20:57
Relay Team		Yvette	Simi	F	58	Elk Grove	CA	Reluctant Racers	Team 116	Run	1:22:10
Relay Team		Lindsay	Samples	F	40	Rancho Cordova	CA	RC Haulers	Team 41	Run	1:24:31
Relay Team		Chelsea	Elm	F	32	Roseville	CA	Tri-Angels	Team 89	Run	1:24:32

Relay Team		Sean	Alling	M	32	carmichael	CA	TEAM ALLING	Team 82	Run	1:26:06
Relay Team		Michael	McGourty	M	38	Sacramento	CA	CEC California	Team 108	Run	1:31:10
Relay Team		Michael	Calvin Sr	M	61	Sacramento	CA	Kovars	Team 111	Run	1:31:10
Relay Team		Dave	Letterman	M	55	Sacramento	CA	Late Night Hosts	Team 33	Run	0:00:00
Relay Team		Ginny	Brummels	F	76	El Dorado Hills	CA	Grannies on the Go	Team 1	Run	0:00:00
Relay Team		Merissa	Ubag	F	33	Elk Grove	CA	Tripl3 Threat	Team 140	Run	0:00:00
Relay Team		Maggie	Bender-Johnson	F	40	Auburn	CA	Blazin' Benders	Team 34	Run	0:00:00
Relay Team		Kyle	Reid	M	36	Roseville	CA	Sutter Elite	Team 112	Run	0:00:00
Relay Team		Tanner	Watson	M	26	Roseville	CA	B.A.T.	Team 103	Run	0:00:00
Relay Team		Renaldo	Suarez	M	37	Sacramento	CA	The Flying Piglets	Team 85	Run	0:00:00
Relay Team		Tom	Monahan	M	52	Carmichael	CA	Bad Dad Jokes	Team 88	Run	0:00:00
Relay Team		Mason	Kassis	M	30	Wenatchee	WA	Team Basalisk	Team 77	Run	0:00:00
Relay Team		Holly	Olmsted	F	41	sacramento	CA	TJH2023	Team 74	Run	0:00:00
Relay Team		Kym	Roberts	F	53	Sacramento	CA	Arvis' Crew	Team 71	Run	0:00:00
Relay Team		Trevor	McGhee	M	29	Roseville	CA	TTT	Team 66	Run	0:00:00
Relay Team		Brian	Lutolf	M	53	SACRAMENTO	CA	Get Off My Lawn	Team 57	Run	0:00:00
Relay Team		Trevor	Kent	M	31	Sacramento	CA	GEI High Transmissivity	Team 54	Run	0:00:00